

With a clinical practice spanning 30+ years, Dr. Duffy shares his "picks" for rejuvenation treatments sure to give you a lot of bang for the buck.

Dr. Duffy is a proponent for the judicious use of lasers and fillers, as well as a leader in the treatment of spider veins, sun damage, superficial scars and imperfections. Find out the best ways to get outstanding results with a minimum of risk and expense, get in for a consultation today.

# 10 TIPS HOW TO LOOK YOUNGER

**DO A HAND MAKEOVER.** On so many women, the "cuffs" don't match the "collar" because they've taken more care of their faces than their hands! Fillers can plump up where tissue has been lost. Veins can be minimized. and age spots corrected for younger, prettier hands.

**LOSE THE TURTLENECK FOREVER.** A few treatments with FRAXEL Restore or Pelleve' will tighten decolletage and even out pigment for a prettier chest area.

**SHOW A LITTLE LEG.** Sclerotherapy is the best way to rid your legs of unsightly vessels and uncover the pretty legs you once had.

**LONGER LASHES MAKE THE FACE LOOK YOUNGER.** Latisse, a prescription lash-grower really works to beef up skimpy lashes.

**UNPUCKER THOSE LIPS.** Plump up thinning lips, smooth out lines on the upper lip so your lipstick stays put and lift the corners of the mouth with an assortment of fillers. It's so quick and easy.

**GET RID OF UNDEREYE DARK CIRCLES.** The depression that forms under your lower lash line can be plumped up. Undereye pigment can be lightened.

**ERASE AGE SPOTS...** With a series of peels to brighten. Laser the stubborn spots

**RELAX YOUR FOREHEAD.** Artful use of Botox can keep your expressiveness but eliminate that pinched, stressed look.

**SUNKEN CHEEKS?** Give them a boost with Sculptra, a filler designed to add back the youthful volume the years have taken away.

**TOO MANY SUMMERS OF SUN?** BluLight/Levulan therapy will clear away pre-Cancers and AK's for a healthier, more youthful you.